

West Indian & Caribbean Menu



Appetizers / Hors D'oeuvres

Chicken Wings (Classic or Jerk) / Fried Shrimp / Fried Chana / Pholourie / Spring Rolls / Trinidad Saheena / Potato Balls / Bara / Plantain Chips / Festival

Soups & Salads

Red Pea Soup & Dumplings / Pepperpot Soup / Chicken Soup & Dumplings
Caribbean Quinoa / Pineapple Chow / Coleslaw

Rice & Noodles

Rice & Peas / Fried Rice (Beef, Chicken, Shrimp, Mixed or Vegetable) / Steamed Rice
Beef Chow Mein (Beef, Chicken, Shrimp, Mixed or Vegetable) / Roti (Dhal Puri/ Buss up Shut)

Beef, Goat & Lamb

Roasted Beef / Stewed Beef / Stir-Fry Beef / Oxtail / Curry Goat / Curry Lamb

Chicken & Duck

Baked Chicken / B.B.Q. Chicken / Curry Chicken / Grilled Chicken / Jerk Chicken / Roasted Chicken /
Stewed Chicken / Stir-Fry Chicken / Curry Duck

Seafood

Fried Fish / Baked Fish / Grilled Fish / Stir-Fry Shrimp / Curry Shrimp / Pepper Shrimp

Vegetables

Curry Potato / Curry Eggplant / Curry Lentils / Curry Chickpeas / Callaloo / Curry Okra / Stewed Pumpkin /
Spicy Roasted Potatoes

Desserts

Cassava Pone / Sweet Rice / Pine Tarts / Cheese Rolls / Bread Pudding & Ice Cream

Bar

Standard: Red & White House Wines / Champagne / Standard Spirits (Scotch, Rye, Vodka, Rum, Gin & Cognac) /
Peach Schnapps / Sambuca / Bailey's / Amaretto / Vermouth / Grappa / Domestic Beer

Premium: Standard Bar + Premium Cognac / Black Label / Chivas Regal / Grand Marnier / Grey Goose /
Campari / Tia Maria / Heineken / Corona